



# Considering Assisted Living?

## 10 THINGS THAT MATTER FOR YOUR LOVED ONE



- 1. Meet the Team.** How can a resident or their family members get in contact with the management team?
- 2. Available Apartments.** What types/sizes do they offer? Do you bring your own furniture, or is it provided?
- 3. Nourishment.** Ask about the culinary program. Is the food prepared from scratch? Ask to see a menu and schedule a time to have lunch or dinner.
- 4. Safety/Care.** Do they have nurses on site, available around the clock to the residents? Do they allow for visiting physicians or specialists?
- 5. Training.** What type of training is provided for the staff? What does the interview/hiring process entail? What is the plan for on-going training?
- 6. Alerts.** Do they have call lights or pendants to alert someone for help? How does the staff respond?
- 7. Transportation.** Is transportation available at the community for physician appointments or outings? Is there an additional charge for this service?
- 8. Ongoing Care.** What accommodations are available if the resident's needs change? Is there a continuum of living and care options?
- 9. Enrichment.** What type of programming and cultural enrichment opportunities are available? Is it purposeful, engaging, and dignified? Are there outings to museums, restaurants, or other entertainment venues?
- 10. References.** Ask for the names of a few family members and residents that you could speak with about their experience with the community.

Curious about daily life at Kingston? Find us on facebook

